

# FREE YOUR MIND



ACTIVITIES TO CHALLENGE AND ENTERTAIN

THIS BOOK IS PACKED WITH ENTERTAINING AND CHALLENGING ACTIVITIES INCLUDING CROSSWORDS, SUDOKU, MINDFULNESS COLOURING PAGES AND ART ACTIVITIES.

WE'D LOVE TO HEAR FROM YOU - SO SHARE YOUR FINISHED ACTIVITIES WITH US AT



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*Mindfulness isn't difficult,  
we just need to remember to do it.*

Sharon Salzberg

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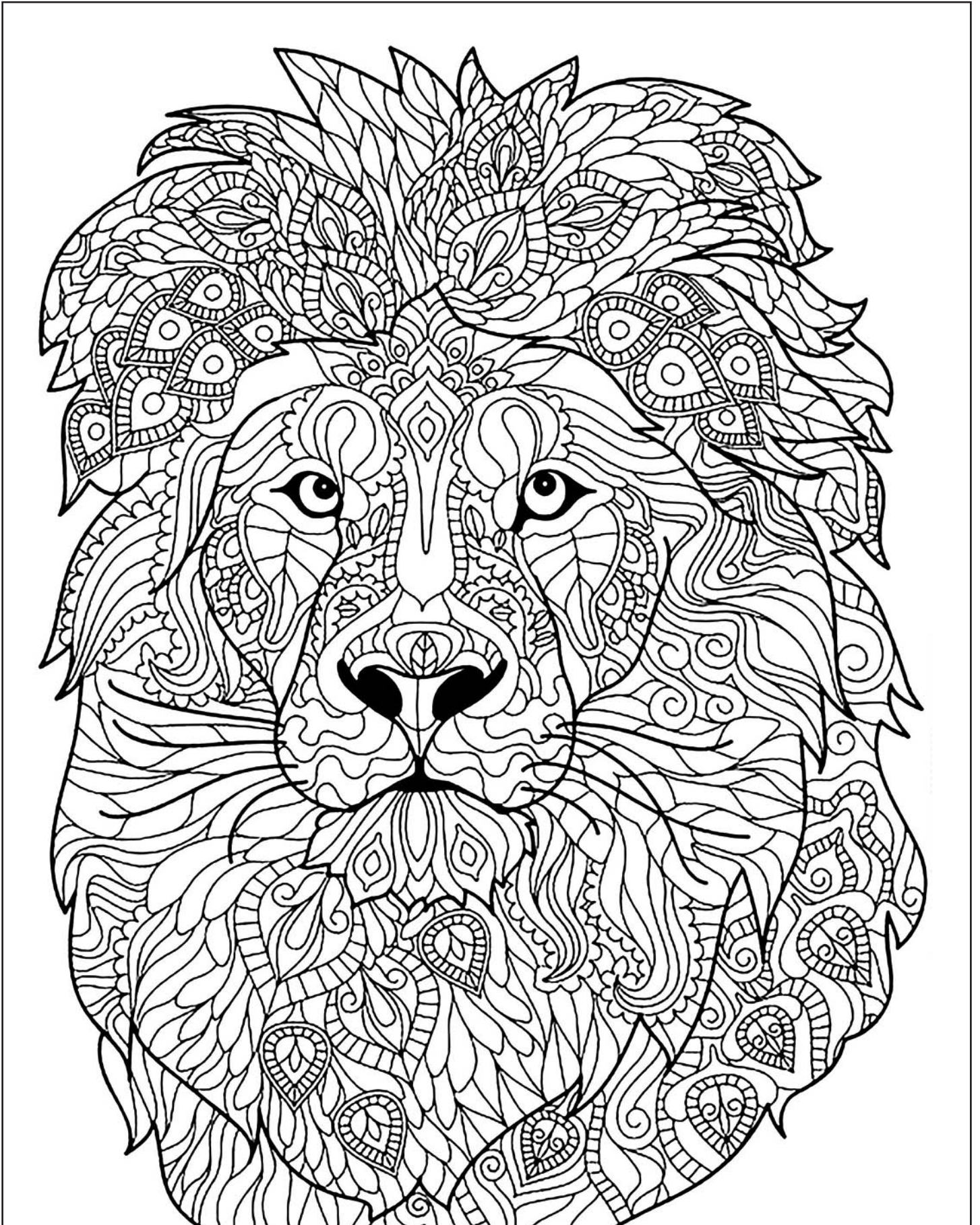
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# COLOURING - LION



# SCHOOL REMINISCING

*Thinking about the old school days can be loads of fun. Here are some questions to get you reminiscing. Once you start, you'll be thinking up your own questions to ask.*

How did you travel to school?

Did you sing God Save the Queen?

Can you describe your school uniform?

What games did you play in the playground?

What time did you start school in the morning?

Can you still recite your times tables?

Did you get into trouble in the classroom?

What were the names of your school readers?

What was your favourite subject?

Did you have class photos taken.  
Were they in colour or black and white?

Did you like your teachers?

Did your school have parent teacher interviews?

Did you enjoy working on special projects?

Did your school have a library?

Did your school provide free milk?

Are you still friends with your best friend from school?

Did your school go on excursions?

Did you go to school dances?

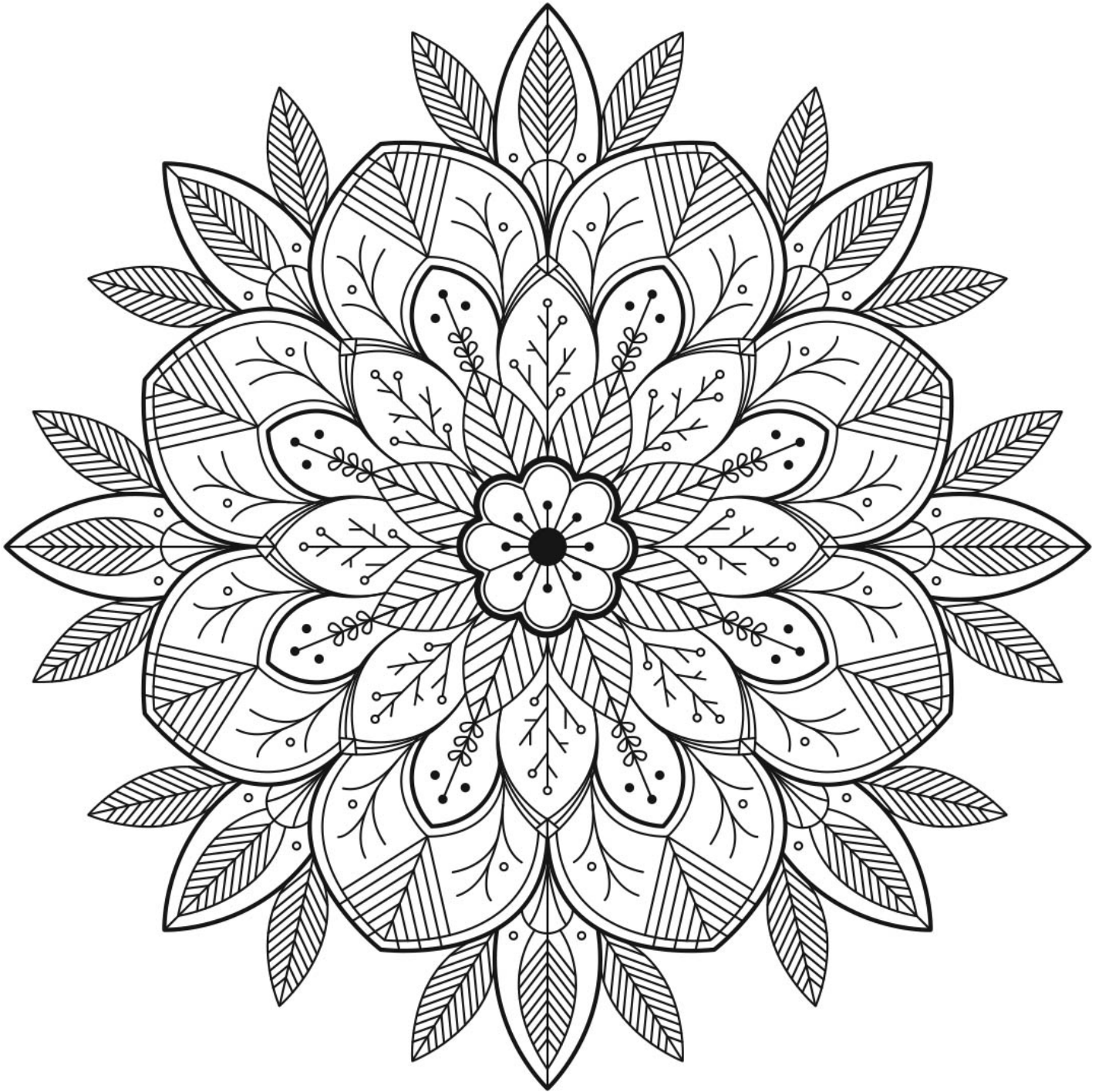
What sports did you play in school?

What were the names of all your teachers?

What was your favourite book in primary school?



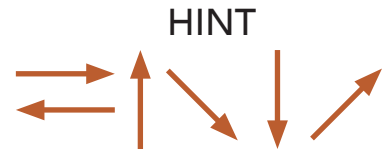
# COLOURING - LOTUS FLOWER



# WORD SEARCH

## Movie Genres

What is your favourite movie genre?  
 Could it be hidden in the word search game?



|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | D | R | A | B | U | T | O | O | C | D | N | A | L | T | M | S | T | T | H |
| M | I | L | Y | I | E | E | A | L | O | O | C | C | H | C | E | H | T | L | R |
| A | S | I | R | O | D | H | S | C | I | A | T | R | T | R | C | S | A | A | E |
| R | B | O | A | G | O | E | H | T | S | E | I | I | E | O | R | H | D | C | I |
| D | E | R | T | R | C | E | C | M | G | L | T | M | M | E | E | H | T | I | O |
| E | X | E | N | A | U | A | E | A | L | E | Y | E | R | H | L | H | L | R | F |
| O | Y | T | E | P | M | R | D | E | U | S | D | R | U | A | P | C | U | O | H |
| C | A | D | M | H | E | N | R | V | T | Y | A | R | S | O | C | L | C | T | E |
| I | U | W | U | I | N | T | I | E | E | H | O | E | R | E | S | L | L | S | E |
| W | A | E | K | C | T | O | R | W | W | N | W | I | H | O | A | D | N | I | H |
| E | N | N | C | A | A | Y | H | N | E | Y | T | D | O | N | U | O | L | H | T |
| D | O | O | O | L | R | T | D | G | S | S | L | U | R | O | M | A | N | C | E |
| U | T | A | M | I | Y | R | D | R | T | A | U | H | R | C | O | B | R | R | A |
| E | A | C | H | M | T | C | I | P | E | T | D | L | O | E | A | O | I | R | Y |
| O | E | H | A | U | H | A | O | E | R | N | A | C | R | R | P | N | I | E | P |
| O | E | U | I | S | P | E | M | E | N | A | M | B | D | A | V | L | E | S | S |
| E | S | S | S | I | I | N | E | I | R | F | A | B | U | W | H | T | O | T | P |
| E | T | G | E | C | D | D | A | I | N | C | E | O | I | I | N | D | S | N | I |
| P | S | W | Y | A | N | E | O | D | O | A | T | T | A | U | S | R | H | E | V |
| L | I | E | F | L | N | O | I | T | C | I | F | E | C | N | E | I | C | S | S |

ACTION

CRIME

HISTORICAL

SCIENCEFICTION

ADULT

CULT

HORROR

THRILLER

ADVENTURE

DOCUMENTARY

MOCKUMENTARY

WAR

ANIMATION

DRAMA

MUSICAL

WESTERN

BIOGRAPHICAL

EPIC

MYSTERY

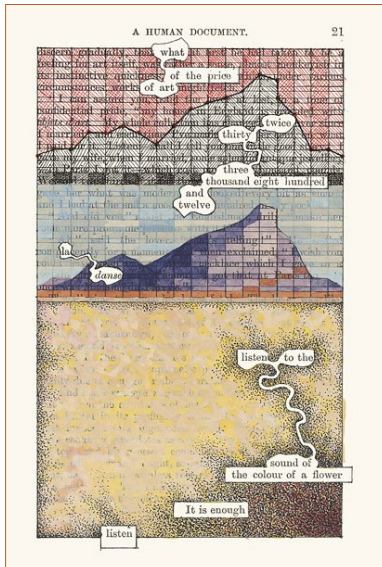
COMEDY

FANTASY

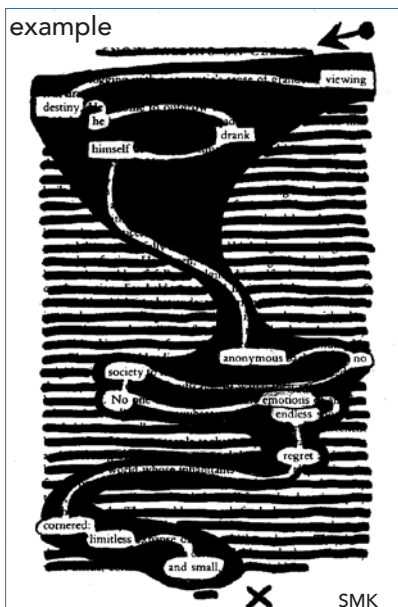
ROMANCE

# BLACKOUT POETRY CHALLENGE

A blackout poem is a visual poem created by redacting words from an already established text. This can be a clever play on words where you take the author's words on another journey, or you might use inspiration from Tom Phillip's *A Humument* and create a beautiful visual poem with colour and imagery.

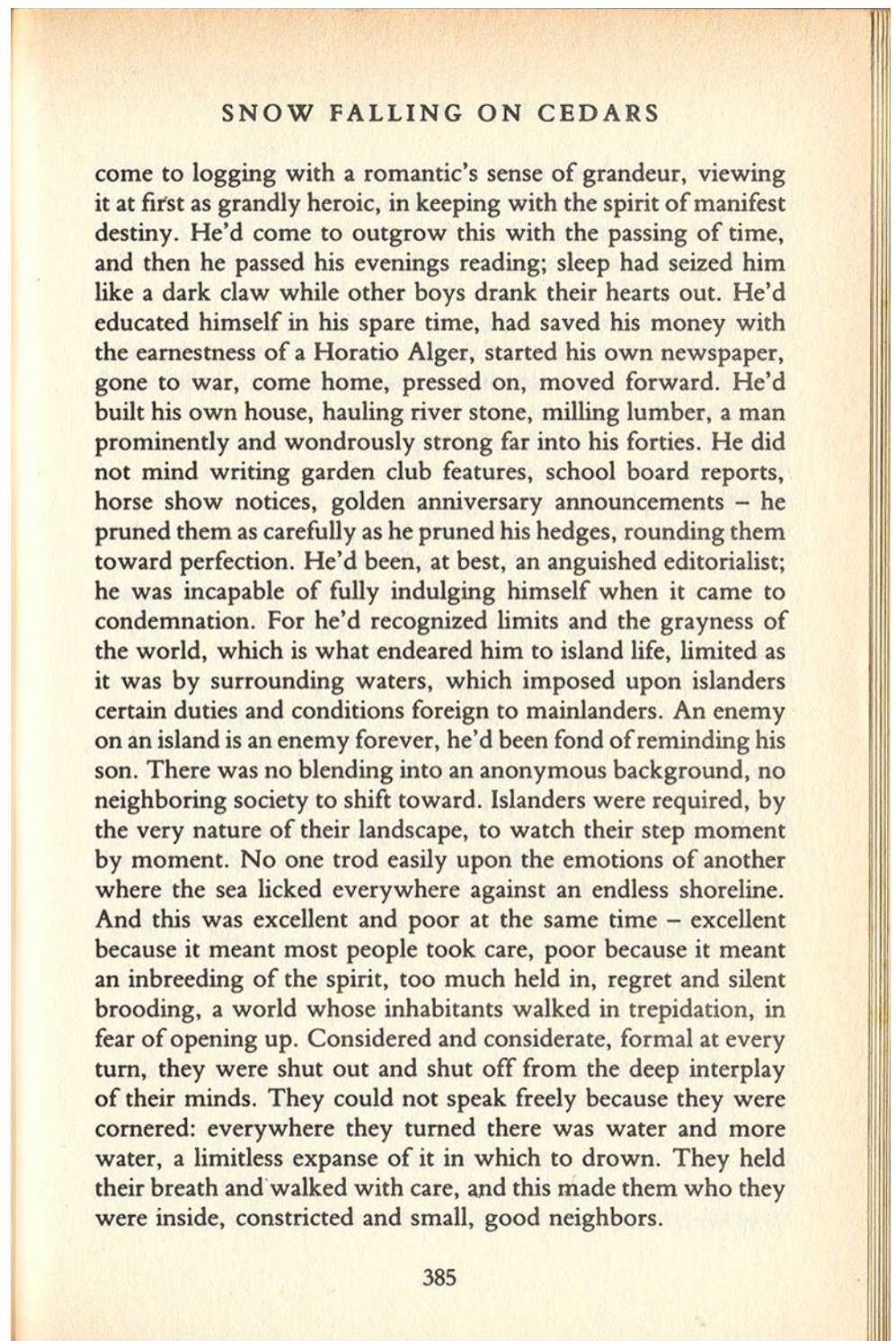


For more information about *A Humument*, which has been a work in progress since 1966, visit <http://www.tomphillips.co.uk/humument>



viewing destiny  
he drank himself anonymous  
no society no emotions  
endless regret  
cornered: limitless and small

Use this page from *Snow Falling on Cedars* to create a Blackout Poem. Photocopy pages from your favourite books and create more.



## SNOW FALLING ON CEDARS

come to logging with a romantic's sense of grandeur, viewing it at first as grandly heroic, in keeping with the spirit of manifest destiny. He'd come to outgrow this with the passing of time, and then he passed his evenings reading; sleep had seized him like a dark claw while other boys drank their hearts out. He'd educated himself in his spare time, had saved his money with the earnestness of a Horatio Alger, started his own newspaper, gone to war, come home, pressed on, moved forward. He'd built his own house, hauling river stone, milling lumber, a man prominently and wondrously strong far into his forties. He did not mind writing garden club features, school board reports, horse show notices, golden anniversary announcements – he pruned them as carefully as he pruned his hedges, rounding them toward perfection. He'd been, at best, an anguished editorialist; he was incapable of fully indulging himself when it came to condemnation. For he'd recognized limits and the grayness of the world, which is what endeared him to island life, limited as it was by surrounding waters, which imposed upon islanders certain duties and conditions foreign to mainlanders. An enemy on an island is an enemy forever, he'd been fond of reminding his son. There was no blending into an anonymous background, no neighboring society to shift toward. Islanders were required, by the very nature of their landscape, to watch their step moment by moment. No one trod easily upon the emotions of another where the sea licked everywhere against an endless shoreline. And this was excellent and poor at the same time – excellent because it meant most people took care, poor because it meant an inbreeding of the spirit, too much held in, regret and silent brooding, a world whose inhabitants walked in trepidation, in fear of opening up. Considered and considerate, formal at every turn, they were shut out and shut off from the deep interplay of their minds. They could not speak freely because they were cornered: everywhere they turned there was water and more water, a limitless expanse of it in which to drown. They held their breath and walked with care, and this made them who they were inside, constricted and small, good neighbors.

# REPURPOSED YOGHURT CONTAINER

Inspired by Dinah Wulf ([diyinspired.com](http://diyinspired.com))

Photographs: Dinah Wulf

## You will need:

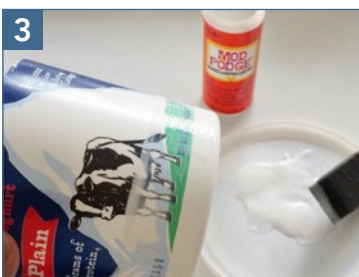
- ☆ large round yoghurt container
- ☆ scissors
- ☆ rope
- ☆ paint brush
- ☆ craft glue
- ☆ hot glue gun (if you have one)
- ☆ metal ribbon or fabric ribbon
- ☆ potted succulent of choice.



1 Wash the empty yoghurt tub.



2 Cut off about a third of your container using scissors.



3 Pour your glue onto the yoghurt lid and paint a layer of glue on the bottom of your tub.



4 The hardest part is starting the rope, so use a generous amount of glue at this point. Hold the rope tightly and start winding around your tub, leaving no gaps.



5 Add more glue and continue to wind the rope around the tub until it is covered.



6 To finish off the rope, add a generous amount of glue. Allow to dry completely.



7 Once dry, measure and cut your metal/fabric ribbon. Use a hot gun for the metal or glue for the fabric to secure it to the pot.

***Place your favourite potted succulent into your decorative yoghurt pot and viola!***



# SUDOKU

Place a digit from 1-9 in each empty cell so that each row, each column and each 3x3 block contains all the digits from 1-9.

#1 easy

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 8 |   |   |   |   |   |   |
| 4 |   |   |   | 2 |   | 9 |   | 8 |
|   | 9 |   |   | 7 | 8 | 5 | 2 |   |
| 7 | 4 |   | 1 |   |   |   |   |   |
| 6 |   |   | 2 |   | 5 |   |   | 7 |
|   |   |   |   |   | 4 |   | 8 | 2 |
|   | 7 | 9 | 8 | 1 |   |   | 5 |   |
| 5 |   | 4 |   | 9 |   |   |   | 1 |
|   |   |   |   |   |   | 3 |   |   |

#2 easy

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 7 |   |   |   |   |   |   | 2 |
| 2 |   |   |   | 8 |   | 5 | 4 |   |
|   |   | 1 | 5 | 9 |   |   |   |   |
|   | 6 |   |   |   | 8 | 4 | 1 | 3 |
|   |   |   |   | 6 |   |   |   |   |
| 3 | 8 | 2 | 4 |   |   |   | 7 |   |
|   |   |   |   | 2 | 7 | 1 |   |   |
|   | 4 | 9 |   | 3 |   |   |   | 6 |
| 6 |   |   |   |   |   |   | 5 |   |

#3 medium

|   |   |   |   |  |   |   |   |   |
|---|---|---|---|--|---|---|---|---|
|   |   |   | 8 |  |   |   | 4 |   |
|   | 5 |   |   |  |   |   |   | 7 |
| 2 |   | 9 | 4 |  |   |   | 1 |   |
| 9 |   |   | 7 |  | 1 | 4 |   |   |
| 7 | 6 |   |   |  |   |   | 2 | 3 |
|   |   | 4 | 6 |  | 8 |   |   | 9 |
|   | 9 |   |   |  | 6 | 2 |   | 1 |
| 3 |   |   |   |  |   |   | 8 |   |
|   | 2 |   |   |  | 5 |   |   |   |

#4 medium

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 1 |   |   | 4 |   |   |   |
|   |   |   |   | 8 |   |   | 9 | 2 |
|   | 8 | 7 |   | 3 |   |   | 1 |   |
|   | 9 |   | 4 |   | 8 |   |   | 5 |
|   |   | 4 |   |   |   | 7 |   |   |
| 7 |   |   | 3 |   | 6 |   | 8 |   |
|   | 1 |   |   | 4 |   | 2 | 5 |   |
| 2 | 6 |   |   | 1 |   |   |   |   |
|   |   |   | 5 |   |   | 6 |   |   |

# SUDOKU

#5 medium

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   |   |   | 3 |   | 1 | 5 |
|   | 4 |   |   |   |   |   | 6 |   |
|   |   |   | 9 | 1 | 8 | 2 |   |   |
| 2 | 1 | 6 |   |   |   | 7 | 5 |   |
|   |   |   |   |   |   |   |   |   |
|   | 9 | 5 |   |   |   | 1 | 2 | 8 |
|   |   | 4 | 2 | 8 | 7 |   |   |   |
|   | 6 |   |   |   |   |   | 7 |   |
| 5 | 2 |   | 6 |   |   |   |   |   |

#6 hard

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   |   | 5 |   |   |   |   |
|   | 2 | 5 |   |   | 8 | 1 |   |   |
| 7 |   |   | 9 |   |   |   |   |   |
|   | 7 |   |   | 6 |   | 4 | 3 |   |
|   |   | 6 | 7 |   | 5 | 8 |   |   |
|   | 3 | 8 |   | 2 |   |   | 5 |   |
|   |   |   |   |   | 6 |   |   | 9 |
|   |   | 1 | 2 |   |   | 5 | 7 |   |
|   |   |   |   | 1 |   |   |   |   |

#7 hard

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   |   |   | 9 |   | 3 |   |
|   |   | 3 |   |   |   |   |   | 8 |
|   |   |   | 2 |   | 5 | 9 |   | 7 |
|   | 3 |   | 4 |   |   |   | 8 | 5 |
|   | 4 |   |   | 9 |   |   | 1 |   |
| 5 | 7 |   |   |   | 8 |   | 9 |   |
| 8 |   | 7 | 3 |   | 6 |   |   |   |
| 6 |   |   |   |   |   | 8 |   |   |
|   | 5 |   | 7 |   |   |   |   |   |

#8 challenging

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 7 | 1 |   |   | 9 | 4 |   |   |
|   |   |   |   |   |   |   |   |   |
| 2 | 6 |   |   | 8 | 1 |   |   | 9 |
|   | 1 |   |   |   |   |   |   |   |
|   | 2 | 3 | 9 |   | 5 | 1 | 4 |   |
|   |   |   |   |   |   |   | 6 |   |
| 8 |   |   | 6 | 5 |   |   | 1 | 4 |
|   |   |   |   |   |   |   |   |   |
|   |   | 9 | 3 |   |   | 5 | 7 |   |



# MAGAZINE BUTTERFLY CHAIN

**Make this gorgeous butterfly chain from old magazines.**

## You will need:

- ☆ old magazines
- ☆ wool, string or cord
- ☆ scissors
- ☆ a large needle to thread wool on.

Cut the magazines into squares.

For a garland of 10 butterflies you will want:

10 x 8cm squares

10 x 6cm squares.



Large wings



Small wings



Take one of the larger squares and fold it diagonally in half, then concertina each half.

Fold in half again and pinch firmly in the middle.

Take one of the smaller squares and round off the edges.

Concertina that too. Fold it in half and pinch as before.

Place the 2 wings together, then wrap a length of wool a few times around the middle of the two wings. Tie in a double knot at the top and trim to make little antennae.

Make the 10 butterflies or as many as you desire.

To make the garland, use the needle threaded with a long piece of wool to join the butterflies together. You can stitch through the wool ties that hold the butterfly wings together to link each one with the next.

These are easy to make and will brighten any room.

# CROSSWORD #1

Downloaded from Printable Puzzles

|    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  |    | 5  | 6  | 7  | 8  |    | 9  | 10 | 11 | 12 | 13 |
| 14 |    |    |    |    | 15 |    |    |    |    | 16 |    |    |    |    |
| 17 |    |    |    |    | 18 |    |    |    |    | 19 |    |    |    |    |
| 20 |    |    |    |    |    | 21 |    |    | 22 |    |    |    |    |    |
|    |    |    |    | 23 |    | 24 |    | 25 |    |    | 26 | 27 | 28 | 29 |
|    |    |    | 30 |    |    |    | 31 | 32 |    |    |    |    |    |    |
| 33 | 34 |    |    | 35 |    |    |    |    |    | 36 |    |    |    |    |
| 37 |    |    | 38 |    | 39 |    |    | 40 | 41 |    | 42 |    |    |    |
| 43 |    |    |    | 44 |    |    | 45 |    |    | 46 |    | 47 |    |    |
| 48 |    |    |    |    | 49 | 50 |    |    |    |    | 51 |    |    |    |
| 52 |    |    |    |    |    |    |    |    | 53 |    |    |    |    |    |
|    |    |    |    | 54 |    |    | 55 | 56 |    | 57 |    | 58 | 59 | 60 |
| 61 | 62 | 63 | 64 |    |    | 65 |    |    | 66 |    |    |    |    |    |
| 67 |    |    |    |    |    | 68 |    |    |    |    | 69 |    |    |    |
| 70 |    |    |    |    |    | 71 |    |    |    |    | 72 |    |    |    |

## Down

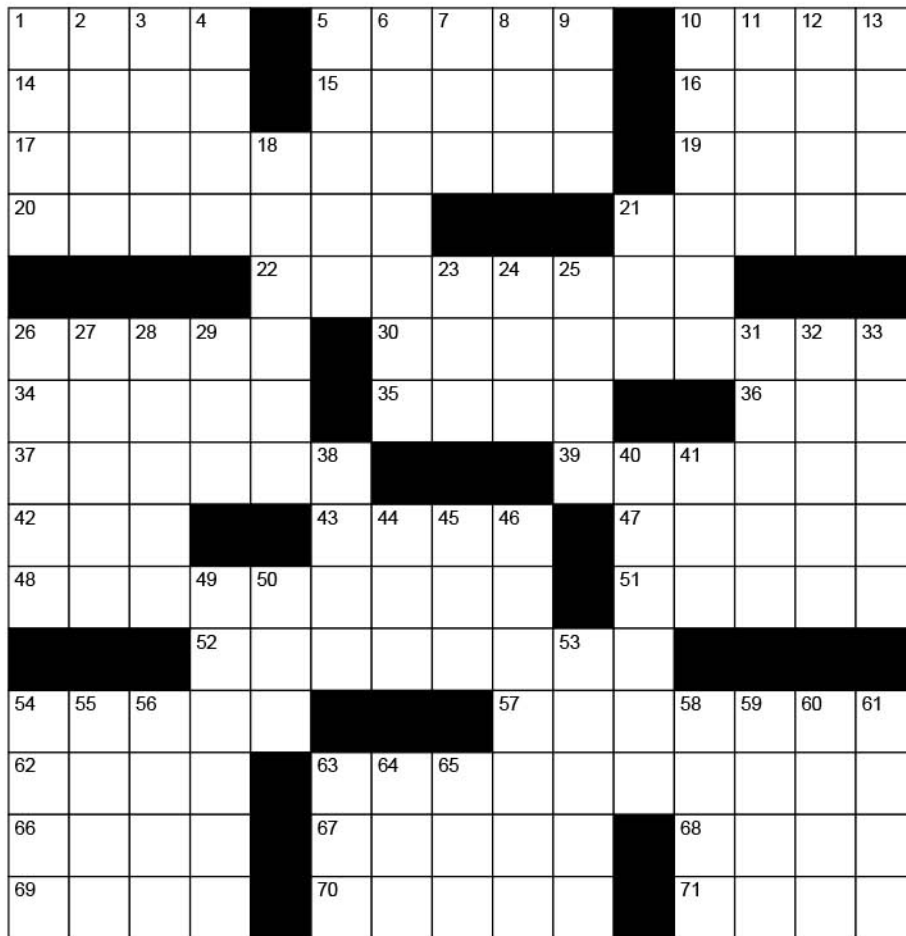
- With "rub," what three men did in the tub?
- FDR's dog
- \_\_\_ the Terrible
- Coleridge's "stately pleasure-dome"
- 22nd Russian letter
- \_\_\_ morgana (optical phenomenon)
- Boast
- Spread out in a disorderly way
- Hellish place
- Basque city
- Take steps
- Rival of HBO
- Arlo, to Woody
- More bummed
- Jungle Book snake
- "It depends"
- Fat in the cupboard
- "Fiddlesticks!"
- Capital on the Nile
- Hit below the belt
- Disprove
- Tax advisor, for short
- Big stickers
- Authoritative doctrine
- School \_\_\_ (aspiring attorney's place)
- Jiffies
- Ad addendum?
- Expys.
- Paintball player
- Really pound
- T-shirt range
- Place for a tempest
- Resounding, as a canyon
- Zilch
- Shower affection
- Unmannerly
- Did something with
- Eliot title character
- Italian sky color
- Seat of luxury
- With "E," a Wild West legend
- Bring action against
- Road trip vehicles

## Across

- In \_\_\_ (facing troubles)
- Places to buy birds in a bucket
- Nonpartici-pant's declaration
- "Galileo's Daughter" author Sobel
- Lyre's relative
- Dipping chip
- Trans-Siberian Railroad stop
- Collapsible bed
- Yawn-inducing
- Wide-\_\_\_ (not at all tired)
- 1976 black mark for G.W.B.
- Male witch
- Betty White co-star
- John or Jane
- \_\_\_ lti
- "Live free \_\_\_" (New Hampshire motto)
- Rubs out
- Luxury cruiser
- Have the courage
- Bonds
- A-one
- Pole
- 2003 Nicolas Cage film
- Terrific, to teens
- Cul-de-\_\_\_
- Warner of Charlie Chan films
- Nursery purchase
- Explosion
- Home for the homeless
- Movie cowboy Lash \_\_\_
- Airing
- Picked from a lineup
- \_\_\_ Volta (former name of Burkina Faso)
- Casual tops
- Sign over, as rights

# CROSSWORD #2

Downloaded from Printable Puzzles



## Down

1. Mag
2. All in the family
3. Boxed in
4. Place for a smile
5. \_\_\_ wool (soft material)
6. Anticipates
7. In excelsis \_\_\_
8. Orange \_\_\_ (cleaning brand)
9. Sixth sense
10. Actress Hepburn
11. Brought into play
12. Mino end?
13. "All \_\_\_" (Tomlin film)
18. Compliant one
21. EPA-banned substance
23. Astonishment
24. Al Bundy's wife
25. Dumb as \_\_\_
26. Opposite of "cathode"
27. Plaid alternative
28. Words mouthed at a TV camera
29. Date follower?
31. Stan's partner
32. Seasonal songs
33. Class requiring little effort
38. Asian cuisine
40. Squirm
41. Windows button file format
44. TV dial letters
45. Myrna of the movies
46. Whole
49. Arced
50. 6 on the telephone
53. Safe toy brand
54. Lugosi who played Dracula
55. \_\_\_ Bator
56. San \_\_\_\_, Italy
58. Leonardo and crew, briefly
59. Get wind of
60. "Never \_\_\_ sentence with a preposition"
61. Hang around
63. JFK predecessor
64. Sounds of disgust
65. Baby food

## Across

1. \_\_\_ Dingbats (pictographic typeface)
5. Climber's respite
10. Car
14. Swedish retail giant
15. Tricky jumps
16. Amer. military fliers
17. Doofus
19. "Te \_\_\_" (hymn)
20. "Raid on \_\_\_" (1976 film)
21. Eminem mentor
22. Reckless adventure
26. "Harold and Maude" director Hal
30. Blackjack goal
34. Term for disturbance in England, 1838
35. Utah's flower
36. Mauna \_\_\_
37. Israeli prime minister Ehud
39. Agent Mulder's show, with "The"
42. God, in Italy
43. Online video source
47. In a cold way
48. "Star Search" host
51. "\_\_\_ duck swim?"
52. Merging
54. Grand Canyon ride
57. Raises canines
62. Mtn. road info
63. Kind of store
66. Crippled
67. Miniature
68. Nothing, slangily
69. Give \_\_\_ to (approve)
70. Cable sports awards
71. Airline passenger's table

# TESSELLATING PATTERNS PART 1

A **tessellation** is a pattern of shapes that fit perfectly together.

How do you make a tessellating pattern?  
Let's do it together.

## You will need:

- ☆ a piece of grid paper (not essential but it makes it a little bit easier)
- ☆ pencil
- ☆ sharpie marker
- ☆ scissors
- ☆ sticky tape
- ☆ A4 paper (if you are going to paint, make sure it is a nice quality)
- ☆ watercolour paints and brush to colour or you could use texta markers or coloured pencils.

Go to: <https://www.youtube.com/watch?v=K2SQEzh4dww&feature=youtu.be> to see these patterns being made.



## How to make a tessellating shape

Count 8 squares along the bottom of a corner of your grid paper and mark. Do the same on the side. Cut along the lines you have marked. You have an 8cm square.

Make a mark 1cm in on either side of one edge of the square. Make a mark 2 cm up and 4cm across on this edge also. Connect these points together with a semi-circle and cut shape out.

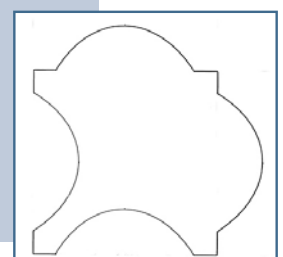
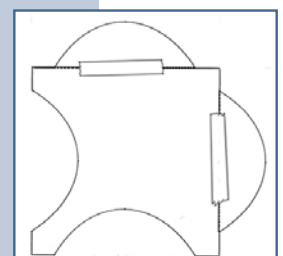
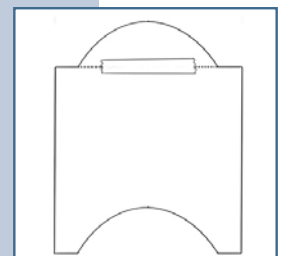
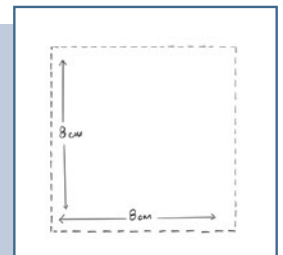
Sticky tape that cut out semi-circle onto the opposite edge of the square (the grid lines will help you line it up).

Do the same on the side of the square. Make a mark 1cm in on either side of the edge of the square. Make another mark 2 cm up and 4cm across on this edge also.

Connect these points together with a semi-circle and cut shape out.

Sticky tape that cut out semi-circle onto the opposite edge of the square (the grid lines will help you line it up).

Now you have your tessellating shape.



Continue next page



# TESSELLATING PATTERNS PART 2

## How to create a pattern

Place your shape on the bottom corner of your paper. Trace around the shape with a pencil. Move the shape along so it fits perfectly into the first shape you marked and trace around it. Continue moving the shape along the bottom edge of the paper and tracing. When you come to the edge move the shape above the first shape you marked and continue tracing until your page is full with tessellating shapes.

There are many variations of patterns you could make to fill in the internal pattern. One is shown here.

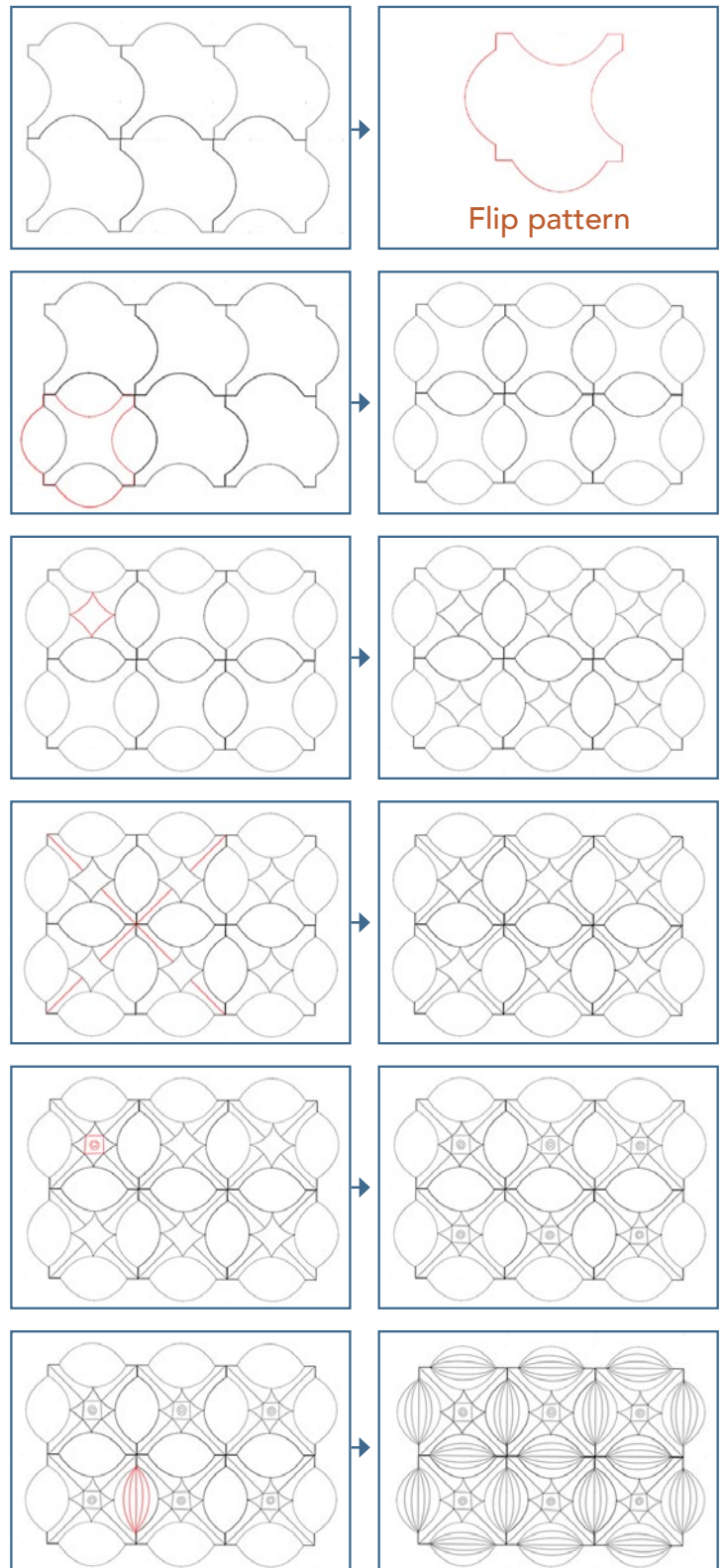
Reverse the tessellating shape on a shape you have already drawn and trace. A cross shape is created.

Create a diamond shape in the centre of the cross by joining a curved line from the centre point of each ellipse shape. Put a circle on the centre of the diamond. Draw diagonal lines from one side to the other.

Trace over the entire pencil outline with a marker pen.

Rule a line that intersects the cross shape and add some more patterning.

Now that you have the template shape, there are many variations you can create and colour.





# BRAIN TEASER #1

## How to Solve a Clueless Crossword:

Think of a Clueless Crossword as a mix between a regular crossword puzzle and a cryptogram. Unlike many crossword puzzles, this grid is filled only with common, everyday English-language words – no abbreviations or other special "crossword" spellings are allowed.

Each square in the grid is numbered 1 through 26, and each number corresponds to one (and only one) letter in the alphabet. Your goal is to completely fill in the crossword grid by gradually uncovering the letter that belongs to each number. We've given you three "giveaway" combinations – fill those into the into any corresponding boxes in the crossword grid to get started. It helps to cross out each letter in alphabet as you use it in the grid, since no letter can be used more than once.

Note that not all letters of the alphabet may be used in any given puzzle. If a number isn't used in the puzzle, it is greyed out in the solution grid. Good luck!

|    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 19 | 13 | 1  |    | 24 | 22 | 16 |    | 9  | 17 | 6  |    | 21 | 6  | 17 |
| 21 | 1  | 17 |    | 22 | 18 | 17 |    | 21 | 26 | 22 |    | 8  | 17 | 20 |
| 22 | 16 | 17 |    | 11 | 10 | 14 |    | 16 | 17 | 1  |    | 6  | 22 | 20 |
| 24 | 21 | 11 | 24 |    | 19 | 17 | 17 |    | 24 | 9  | 22 | 2  | 24 |    |
|    |    |    | 16 | 6  | 10 | 17 | 11 |    | 16 | 21 | 17 |    |    |    |
|    | 24 | 9  | 21 | 17 |    |    | 20 | 18 | 10 | 2  | 2  | 17 | 6  |    |
| 12 | 17 | 17 | 14 | 24 |    | 9  | 17 | 17 | 11 |    |    | 17 | 17 | 18 |
| 21 | 11 | 11 |    | 16 | 9  | 4  |    | 24 | 17 | 22 |    | 6  | 13 | 17 |
| 16 | 22 | 20 |    |    | 21 | 2  | 10 | 16 |    | 1  | 21 | 10 | 24 | 17 |
|    | 1  | 17 | 13 | 6  | 21 | 1  | 24 |    |    | 16 | 12 | 17 | 17 |    |
|    |    |    | 14 | 17 | 16 |    | 18 | 22 | 14 | 24 | 17 |    |    |    |
| 15 | 9  | 22 | 24 | 2  |    |    | 17 | 6  | 6  |    | 24 | 12 | 22 | 16 |
| 9  | 17 | 12 |    | 17 | 6  | 22 |    | 6  | 13 | 1  |    | 10 | 15 | 17 |
| 21 | 22 | 6  |    | 11 | 21 | 1  |    | 21 | 11 | 17 |    | 24 | 9  | 17 |
| 12 | 6  | 4  |    | 4  | 17 | 16 |    | 12 | 17 | 16 |    | 9  | 17 | 1  |

## Solution Grid:

|    |     |     |     |     |    |     |
|----|-----|-----|-----|-----|----|-----|
| 1  | 2   | 3   | 4   | 5   | 6  | 7   |
|    |     | N/A |     | N/A |    | N/A |
| 8  | 9   | 10  | 11  | 12  | 13 | 14  |
| 15 | 16  | 17  | 18  | 19  | 20 | 21  |
| 22 | 23  | 24  | 25  | 26  |    |     |
|    | N/A |     | N/A |     |    |     |

## Giveaways:

#22 = A

#24 = S

#12 = W

A B C D E F G  
H I J K L M N  
O P Q R S T U  
V W X Y Z

# BRAIN TEASER #2

## Painting Walls Logic Grid

Every room received two coats, each from a different painter. Each painter used one tool. Which painter used the 10" roller?

- All the painters used once the color with the same initial of their name, either in the first or second coating.
- Rodney and Walter used the same type of tool.
- A roller painted red first, then green.
- Walter didn't paint green.
- Someone painted blue and white, in either order.
- Rodney used a brush.
- The tools used for the green room have 2" difference.
- The brushes didn't start with blue.
- The tool used for the first white coat is 4" smaller than Gerald's one.

|             |            | First coat |           |         |           | Second coat |           |         |           | Tool     |          |            |            |
|-------------|------------|------------|-----------|---------|-----------|-------------|-----------|---------|-----------|----------|----------|------------|------------|
|             |            | blue 1st   | green 1st | red 1st | white 1st | blue 2nd    | green 2nd | red 2nd | white 2nd | 6" brush | 8" brush | 10" roller | 12" roller |
| Painter     | Bruce      |            |           |         |           |             |           |         |           |          |          |            |            |
|             | Gerald     |            |           |         |           |             |           |         |           |          |          |            |            |
|             | Rodney     |            |           |         |           |             |           |         |           |          |          |            |            |
|             | Walter     |            |           |         |           |             |           |         |           |          |          |            |            |
| Tool        | 6" brush   |            |           |         |           |             |           |         |           |          |          |            |            |
|             | 8" brush   |            |           |         |           |             |           |         |           |          |          |            |            |
|             | 10" roller |            |           |         |           |             |           |         |           |          |          |            |            |
|             | 12" roller |            |           |         |           |             |           |         |           |          |          |            |            |
| Second coat | blue 2nd   |            |           |         |           |             |           |         |           |          |          |            |            |
|             | green 2nd  |            |           |         |           |             |           |         |           |          |          |            |            |
|             | red 2nd    |            |           |         |           |             |           |         |           |          |          |            |            |
|             | white 2nd  |            |           |         |           |             |           |         |           |          |          |            |            |

| Painter | First coat | Second coat | Tool |
|---------|------------|-------------|------|
| Bruce   |            |             |      |
| Gerald  |            |             |      |
| Rodney  |            |             |      |
| Walter  |            |             |      |

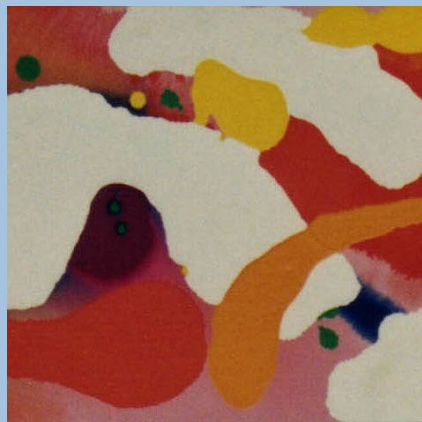
# PAINTER'S PUZZLE PART 1

*Inroads* by Ron Robertson-Swann is a part of the Manning Regional Art Gallery's collection.



*Inroads* Ron Robertson-Swann

Using a detail section of Ron Robertson-Swann's artwork as inspiration, create your own artwork puzzle on paddle pop sticks.



## Step 1

Assemble 11 paddle pop sticks.



## Step 2

Tape with masking tape to secure.



## Step 3

Turn over and draw the artwork design on the paddle pop sticks in pencil.



## Step 4 a)

Paint each section of colour one at a time.



## Step 4 b)

Continue painting each section of colour one at a time.



## Step 4 c)

And so on...



# PAINTER'S PUZZLE PART 2

Step 4 d)



Step 4 e)



Step 4 f)



Step 4 g)



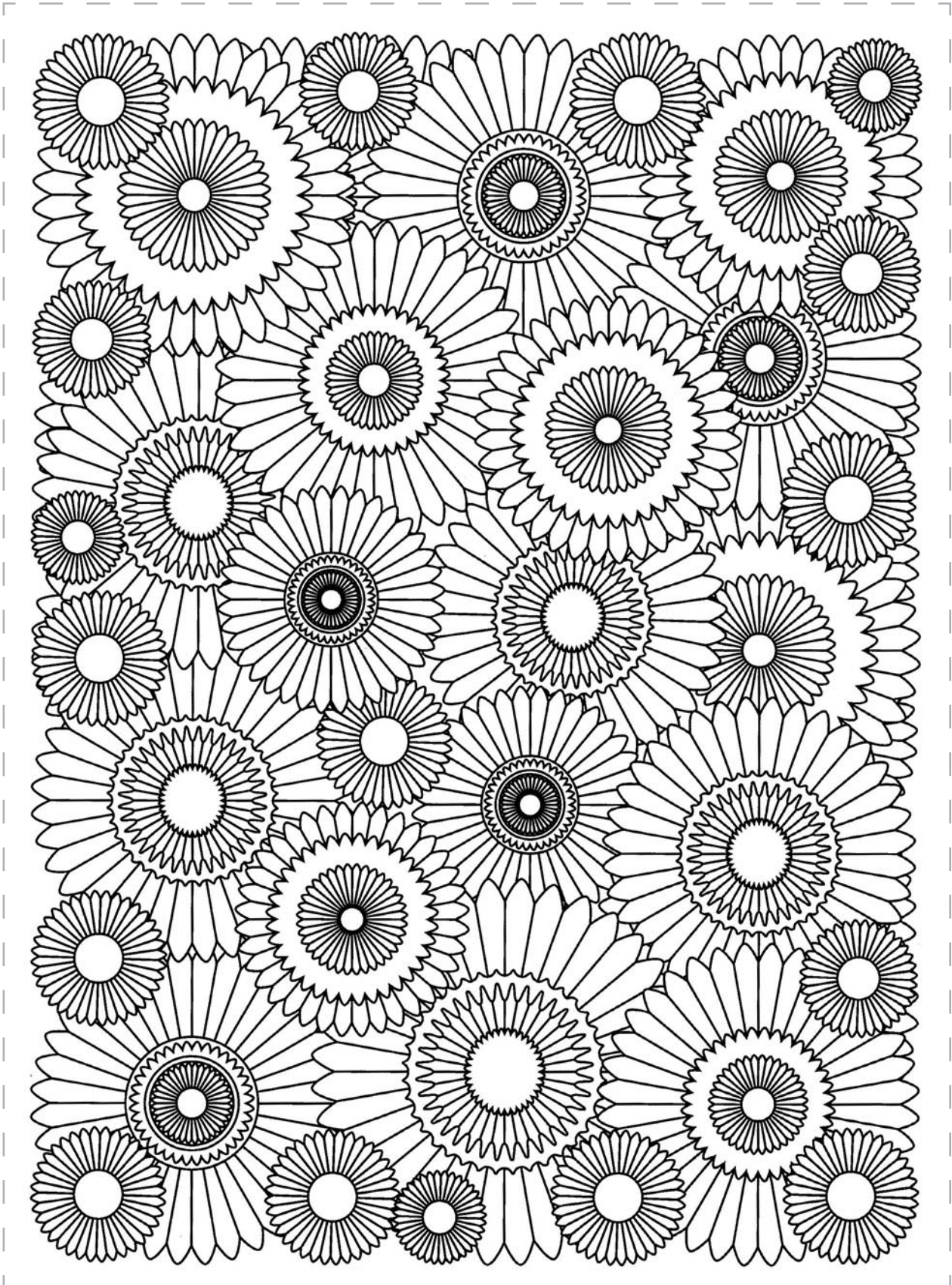
When all colours are painted the puzzle is complete.  
Rearrange the paddle pop sticks to make different arrangements.



Can you position the sticks in the original design again now they have been jumbled?

# COLOURING - SUNFLOWER

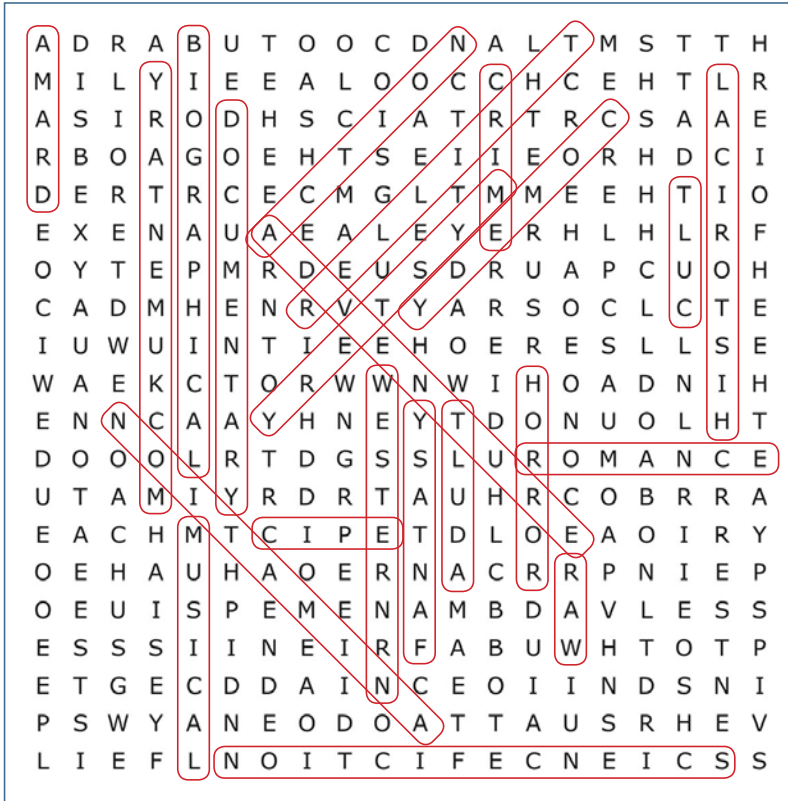
Turn this beautiful sunflower print into a card by cutting it out, sticking it to cardboard and folding it in half.



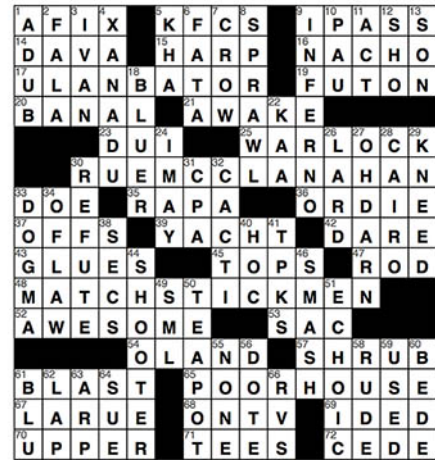
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# SOLUTIONS

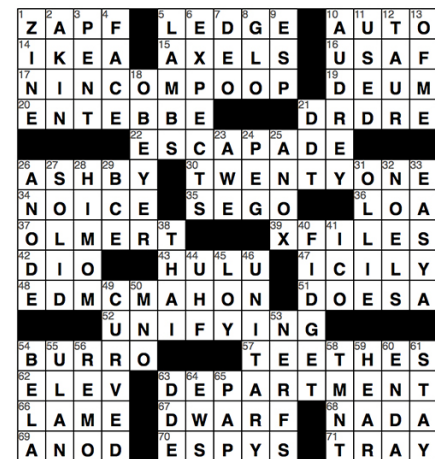
## Word Search: pg 6



## Crossword 1: pg 13



## Crossword 2: pg 14



## Sudoku: pages 9&10

1

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 2 | 6 | 8 | 9 | 5 | 1 | 7 | 4 | 3 |
| 4 | 5 | 7 | 6 | 2 | 3 | 9 | 1 | 8 |
| 1 | 9 | 3 | 4 | 7 | 8 | 5 | 2 | 6 |
| 7 | 4 | 2 | 1 | 8 | 9 | 6 | 3 | 5 |
| 6 | 8 | 1 | 2 | 3 | 5 | 4 | 9 | 7 |
| 9 | 3 | 5 | 7 | 6 | 4 | 1 | 8 | 2 |
| 3 | 7 | 9 | 8 | 1 | 6 | 2 | 5 | 4 |
| 5 | 2 | 4 | 3 | 9 | 7 | 8 | 6 | 1 |
| 8 | 1 | 6 | 5 | 4 | 2 | 3 | 7 | 9 |

2

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 7 | 8 | 1 | 4 | 6 | 9 | 3 | 2 |
| 2 | 9 | 6 | 7 | 8 | 3 | 5 | 4 | 1 |
| 4 | 3 | 1 | 5 | 9 | 2 | 8 | 6 | 7 |
| 9 | 6 | 5 | 2 | 7 | 8 | 4 | 1 | 3 |
| 7 | 1 | 4 | 3 | 6 | 9 | 2 | 8 | 5 |
| 3 | 8 | 2 | 4 | 5 | 1 | 6 | 7 | 9 |
| 8 | 5 | 3 | 6 | 2 | 7 | 1 | 9 | 4 |
| 1 | 4 | 9 | 8 | 3 | 5 | 7 | 2 | 6 |
| 6 | 2 | 7 | 9 | 1 | 4 | 3 | 5 | 8 |

3

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 | 1 | 3 | 8 | 7 | 9 | 5 | 4 | 2 |
| 4 | 5 | 8 | 1 | 6 | 2 | 3 | 9 | 7 |
| 2 | 7 | 9 | 4 | 5 | 3 | 6 | 1 | 8 |
| 9 | 8 | 2 | 7 | 3 | 1 | 4 | 6 | 5 |
| 7 | 6 | 1 | 5 | 9 | 4 | 8 | 2 | 3 |
| 5 | 3 | 4 | 6 | 2 | 8 | 1 | 7 | 9 |
| 8 | 9 | 7 | 3 | 4 | 6 | 2 | 5 | 1 |
| 3 | 4 | 5 | 2 | 1 | 7 | 9 | 8 | 6 |
| 1 | 2 | 6 | 9 | 8 | 5 | 7 | 3 | 4 |

4

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 2 | 1 | 9 | 6 | 4 | 8 | 7 | 3 |
| 6 | 4 | 3 | 7 | 8 | 1 | 5 | 9 | 2 |
| 9 | 8 | 7 | 2 | 3 | 5 | 4 | 1 | 6 |
| 1 | 9 | 6 | 4 | 7 | 8 | 3 | 2 | 5 |
| 8 | 3 | 4 | 1 | 5 | 2 | 7 | 6 | 9 |
| 7 | 5 | 2 | 3 | 9 | 6 | 1 | 8 | 4 |
| 3 | 1 | 9 | 6 | 4 | 7 | 2 | 5 | 8 |
| 2 | 6 | 5 | 8 | 1 | 3 | 9 | 4 | 7 |
| 4 | 7 | 8 | 5 | 2 | 9 | 6 | 3 | 1 |

5

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 | 8 | 2 | 4 | 6 | 3 | 9 | 1 | 5 |
| 9 | 4 | 1 | 5 | 7 | 2 | 8 | 6 | 3 |
| 6 | 5 | 3 | 9 | 1 | 8 | 2 | 4 | 7 |
| 2 | 1 | 6 | 8 | 3 | 9 | 7 | 5 | 4 |
| 4 | 7 | 8 | 1 | 2 | 5 | 6 | 3 | 9 |
| 3 | 9 | 5 | 7 | 4 | 6 | 1 | 2 | 8 |
| 1 | 3 | 4 | 2 | 8 | 7 | 5 | 9 | 6 |
| 8 | 6 | 9 | 3 | 5 | 1 | 4 | 7 | 2 |
| 5 | 2 | 7 | 6 | 9 | 4 | 3 | 8 | 1 |

6

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 | 8 | 4 | 1 | 5 | 3 | 9 | 2 | 7 |
| 9 | 2 | 5 | 6 | 7 | 8 | 1 | 4 | 3 |
| 7 | 1 | 3 | 9 | 4 | 2 | 6 | 8 | 5 |
| 5 | 7 | 9 | 8 | 6 | 1 | 4 | 3 | 2 |
| 2 | 4 | 6 | 7 | 3 | 5 | 8 | 9 | 1 |
| 1 | 3 | 8 | 4 | 2 | 9 | 7 | 5 | 6 |
| 4 | 5 | 7 | 3 | 8 | 6 | 2 | 1 | 9 |
| 3 | 6 | 1 | 2 | 9 | 4 | 5 | 7 | 8 |
| 8 | 9 | 2 | 5 | 1 | 7 | 3 | 6 | 4 |

7

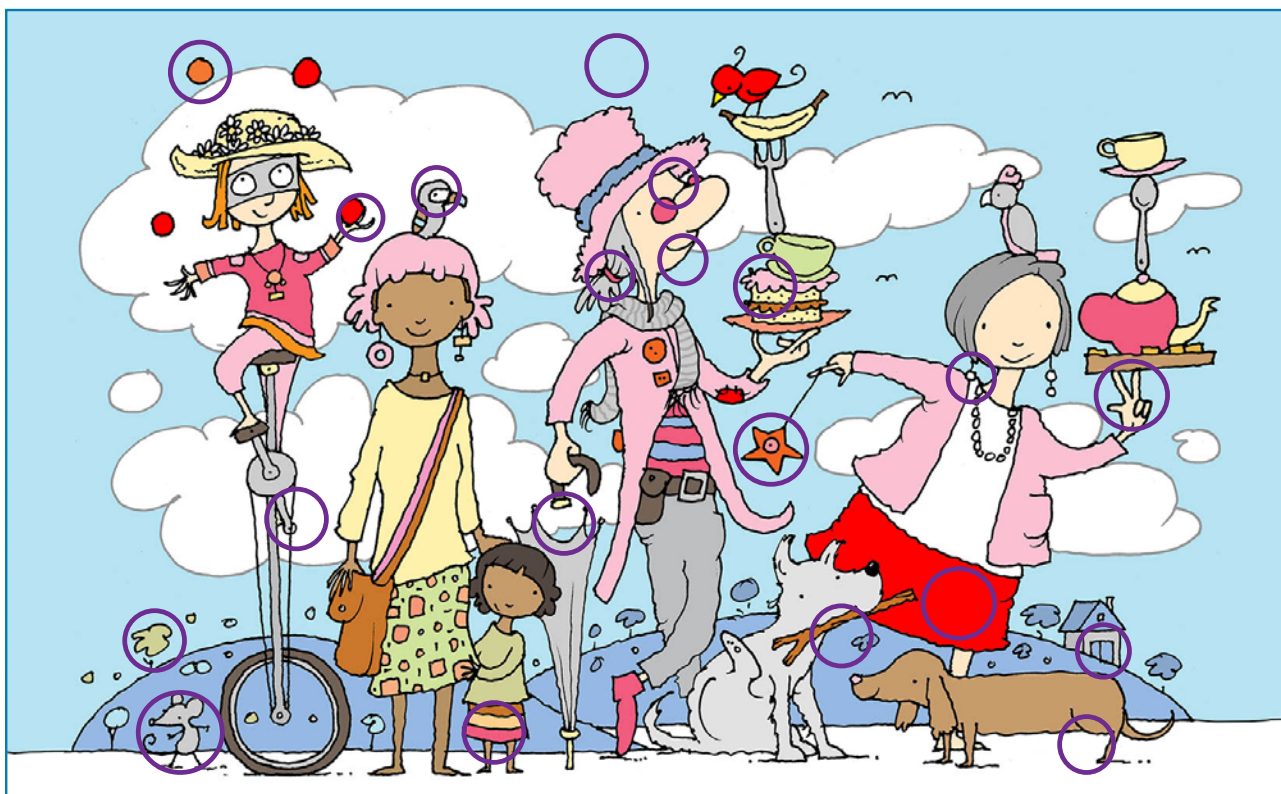
|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 | 6 | 5 | 8 | 1 | 9 | 4 | 3 | 2 |
| 9 | 2 | 3 | 6 | 7 | 4 | 1 | 5 | 8 |
| 4 | 8 | 1 | 2 | 3 | 5 | 9 | 6 | 7 |
| 1 | 3 | 9 | 4 | 6 | 7 | 2 | 8 | 5 |
| 2 | 4 | 8 | 5 | 9 | 3 | 7 | 1 | 6 |
| 5 | 7 | 6 | 1 | 2 | 8 | 3 | 9 | 4 |
| 8 | 9 | 7 | 3 | 4 | 6 | 5 | 2 | 1 |
| 6 | 1 | 4 | 9 | 5 | 2 | 8 | 7 | 3 |
| 3 | 5 | 2 | 7 | 8 | 1 | 6 | 4 | 9 |

8

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 | 7 | 1 | 5 | 6 | 9 | 4 | 8 | 2 |
| 9 | 8 | 4 | 7 | 3 | 2 | 6 | 5 | 1 |
| 2 | 6 | 5 | 4 | 8 | 1 | 7 | 3 | 9 |
| 5 | 1 | 8 | 2 | 4 | 6 | 3 | 9 | 7 |
| 6 | 2 | 3 | 9 | 7 | 5 | 1 | 4 | 8 |
| 4 | 9 | 7 | 8 | 1 | 3 | 2 | 6 | 5 |
| 8 | 3 | 2 | 6 | 5 | 7 | 9 | 1 | 4 |
| 7 | 5 | 6 | 1 | 9 | 4 | 8 | 2 | 3 |
| 1 | 4 | 9 | 3 | 2 | 8 | 5 | 7 | 6 |

# SOLUTIONS

Spot the Difference: pg 11



Brain Teaser #1: pg 17



Brain Teaser #2: pg 18

| Painter | First coat | Second coat | Tool       |
|---------|------------|-------------|------------|
| Bruce   | blue       | white       | 12" roller |
| Gerald  | red        | green       | 10" roller |
| Rodney  | green      | red         | 8" brush   |
| Walter  | white      | blue        | 6" brush   |

Gerald used the 10" roller.

## Websites

Crosswords and Brainteaser #1 : [www.printable-puzzles.com](http://www.printable-puzzles.com)

Brainteaser #2: [www.brainzilla.com](http://www.brainzilla.com)

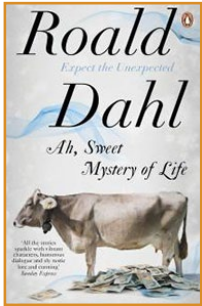
Colouring pages: [www.justcolor.net](http://www.justcolor.net)

DIY Pot inspired by Dinah Wulf: <https://diyinspired.com/repurposed-yoghurt-container-turned-succulent-pot/>

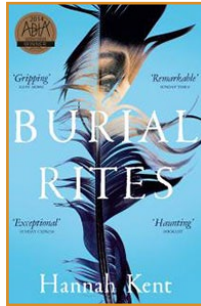
Magazine Butterfly Chain inspired by: [www.sumoftheirstories.com/blog/2018/magazine-paper-butterfly-garland](http://www.sumoftheirstories.com/blog/2018/magazine-paper-butterfly-garland)

Blackout Poetry: *Snow Falling on Cedars* by David Guterson, 1995.

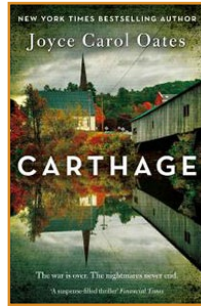




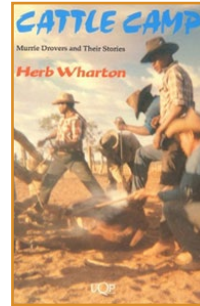
Ah, Sweet Mystery of Life  
Roald Dahl



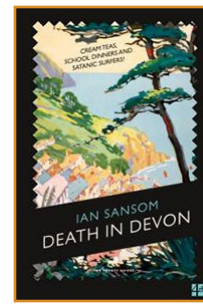
Burial Rites  
Hannah Kent



Carthage  
Joyce Carol Oates



Cattle Camp  
Herb Wharton



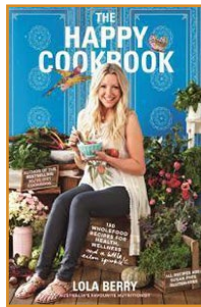
Death in Devon  
Ian Sansom



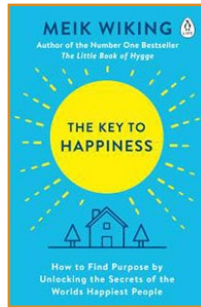
Mrs Mort's Madness  
Suzanne Falkiner



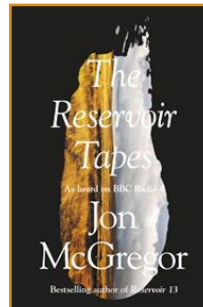
Paris Dreaming  
Anita Heiss



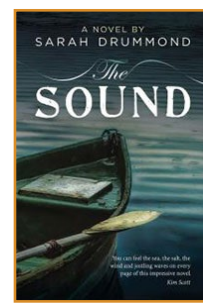
The Happy Cookbook  
Lola Berry



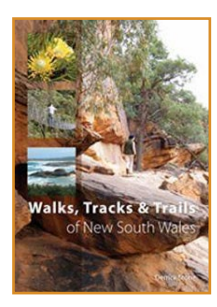
The Key to Happiness  
Meik Wiking



The Reservoir Tapes  
Jon McGregor



The Sound  
Sarah Drummond



Walks, Tracks & Trails of New South Wales

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